



Cucumber Salad

SUBMITTED BY: [HAIRGODDESS](#) PHOTO BY: [dustysun](#)

"A cool cucumber salad with low fat dressing that is great for bar-b-ques."

PREP TIME 10 Min

READY IN 2 Hrs- 10 Min

SERVINGS: 12

INGREDIENTS

4 medium cucumbers, peeled and diced
1 (8 ounce) container vanilla low-fat yogurt
1 (8 ounce) container reduced-fat sour cream
1/2 cup diced onion
2 cloves garlic, minced
1 tablespoon dried dill weed
salt and pepper to taste

DIRECTIONS

Drain cucumbers for a few minutes on paper towels. In a serving dish, stir together the yogurt, sour cream, onion, garlic, and dill. Add cucumbers, and gently mix to coat. Season with salt and pepper. Refrigerate for a couple of hours before serving for best flavor.