

Sautéed Summer Squash with Basil

Jody Villecco of Whole Foods Market

For infants 8 to 12 months.

INGREDIENTS

- 1 medium zucchini
- 1 medium yellow summer squash
- 2 tablespoons olive oil
- 1/2 small baked potato
- Fresh basil leaves
- Low sodium chicken broth or unsalted homemade chicken broth

DIRECTIONS

Clean and slice zucchini and summer squash. Sauté in olive oil until tender, about 15 minutes.

When cool, puree in food processor with baked potato and chopped basil.

Add chicken broth to achieve desired consistency. If desired, make a larger batch and feed to the rest of the family (before pureeing), or puree and freeze for future use.

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